



LAKE POINTE

REHABILITATION &
NURSING CENTER

22 Parrish Road • Conneaut, OH 44030 • 440-593-6266

Brainteaser: Beloved Characters and Their Careers

Can you name the jobs for these famous TV characters?

- Ricky Ricardo, "I Love Lucy"
- Matt Dillon, "Gunsmoke"
- Frankie Bergstein, "Grace and Frankie"
- Cliff Clavin, "Cheers"
- Roz Doyle, "Frasier"
- Mary Richards, "The Mary Tyler Moore Show"
- Charles (Pa) Ingalls, "Little House on the Prairie"

Bonus: What sitcom character had a mile-long resume, including hand model, car parker and sales rep for the Penske file?

Answers:

- Bandleader
- U.S. marshal
- Artist
- Postal worker
- Radio producer
- TV news producer
- Farmer (primarily)

Bonus Answer: George Costanza, "Seinfeld"



September 2026



FAMILY PICNIC FUN

What a fantastic day we had at our family picnic! Friends and family of all ages came out to soak up the sun, catch up, and enjoy some incredible food together. The parking lot was buzzing with energy as everyone piled their plates high with delicious hot dogs and tender, savory pulled pork, alongside crisp, refreshing fruit salad and sweet, nostalgic pineapple upside-down cake that had everyone going back for seconds.

Beyond the feast, the crowd stayed on their toes with our exciting raffle baskets and the big 50/50 drawing, where one lucky guest got to take home a great prize. Congratulations to Amber at our front desk for winning the 50/50! From the wonderful conversations to the friendly competition, the afternoon was a perfect reminder of how special our community really is. A huge thank you to everyone who bought a ticket, or simply came out to make the day so memorable.

A special shout-out also goes to our volunteers and helpers, whose hard work behind the scenes made the entire setup and cleanup completely seamless. We deeply appreciate every single person who pitched in, and we're already looking forward to making our next gathering even bigger and better!

Craft a Cute Scarecrow

This friendly scarecrow will help you have a happy harvest.

Materials:

- Glass jar with lid
- Paintbrush
- Acrylic craft paint, tan and orange
- Black marker
- Glue stick and/or hot glue gun
- Two large identical buttons
- Scissors
- Burlap fabric
- Ribbon
- Natural raffia

Directions:

Remove lid from jar. Paint outside of jar with tan paint, applying multiple coats if necessary. Let dry.

About halfway down the jar, paint on an orange triangle for the scarecrow's nose and let dry. With a black marker, draw a smile beneath the nose. Add "stitch" marks to the mouth and all three sides of the nose. Hot-glue the buttons above the nose as the scarecrow's eyes.

Cut a large circle out of the burlap that's about 4 inches wider than the lid of the jar. Center the circle on top of the lid and glue it in place. Screw the lid onto the jar. Wrap a piece of ribbon around the top of the jar to push the excess burlap down to resemble a hat's brim. Glue the ribbon to secure.

Tie some strips of raffia together and glue them to the jar, beneath the hat, to resemble the scarecrow's hair.

Arts and Crafts

Last Month's Coloring Contest Winner

Irene's vision of riding this beautiful motorcycle blew us away from the unique design she created and contrasting of colors. It surely would be an amazing ride on this motorcycle!



Irene's winning Coloring Page

Check Your Cholesterol

September is National Cholesterol Education Month. Adults over the age of 20 should have their levels tested every four to six years. Assess your knowledge on this subject:

1. What year was the first statin, a cholesterol-lowering medicine, approved in the U.S.?
2. True or False: Eating healthy, fiber-rich foods can lower cholesterol.
3. High cholesterol is connected to what leading cause of death?

(Answers: 1. 1987; 2. True; 3. Heart disease)

Resident Spotlight



Michael Ray our Resident of the Month!

A Word From Our Resident

"Here at Lake Pointe I have met a lot of people here that I would have never thought I'd interact with. I have made some good friends, both staff and fellow residents. I enjoy my time here by trying to make it a more fun place! I love helping out my fellow residents where I can as well!"

- Michael Ray



Self-Care Corner: A Better Brew

Chock-full of antioxidants, coffee can be a healthy beverage, but "too much of a good thing" is a saying for a reason! National Coffee Day arrives on Sept. 29, so use this month to make your regular brew healthier in some way. Crave a sweet beverage? You can use less sugar by adding ground cinnamon, vanilla extract or unsweetened cocoa for a flavor boost. If coffee upsets your stomach—but you love it anyway!—check out a low-acid blend. Struggling with sleep? Avoid drinking coffee after 2 p.m.



Alex Borden our Employee of the month for August



Employee
of the Month

Happy Grandparents Day!

We want to wish a happy Grandparents Day to all the grandmothers and grandfathers in our community! September 13th is the day to enjoy the bond between a grandparent and grandchild like no other. Enjoy your special day!

Pepperoni Is Popular

Sept. 20 serves up National Pepperoni Pizza Day, but millions of people celebrate much more often. Pepperoni is America's most popular pizza topping. Think about adding this to your dinner list on this day!

Kids in the Kitchen

Sept. 13 is National Kids Take Over the Kitchen Day! You don't have to let them actually "take over," but getting youngsters and teens into the kitchen is a great idea. Make a fun recipe like cookies, personal-size pizzas or yogurt parfaits to get children interested and learning. Cooking with your kids will not only provide quality time together, but it will also teach them an important lifelong skill.



All in a Day's Work

In celebration of Labor Day on the first Monday in September, think back to your experiences on the job.

- What was your first job? How old were you? How much did it pay? What responsibilities did you have?
- Did you go to college or a trade school to learn a profession? What about the military or other training program?
- Some people remain in one career for their entire working lives, while others explore a variety of vocations. How about you? What are some pros and cons to each of these paths?
- If you've had more than one job, which was your favorite? Why?
- Reminisce about some of your employers and co-workers. Who was the best boss you ever had?
- Did you ever start or own your business? Did you enjoy that role?
- Did you have an occupation that no longer exists, such as switchboard operator or log driver? What modern-day career field would you be interested in if you had the chance?

Investing in Our Home



Activity Director Dominic and Resident Kayla working on mailbox.

We've been busy making our home even brighter! Over the past month, our team and residents teamed up to complete a few fantastic projects around Lake Pointe!

Thanks to a wonderful collaboration between our residents and the Activity Department, our outdoor mailbox received a much-needed makeover! Incorporating great design suggestions from our patio regulars and extra support from Kayla, the mailbox now sports a fresh, vibrant coat of navy blue.

If you've visited us recently, you may have noticed an eye-catching new feature in our lobby. We've been hard at work creating a custom Beach Glass Countertop to give our main entrance a beautiful, welcoming touch. A special shout-out goes to Faye, whose incredible help and dedication have been instrumental in bringing this vibrant art piece to life.

Word Search

Category: Major League Baseball Teams

A	D	T	I	G	E	R	S	P	G	D	M
S	W	C	U	B	S	N	I	K	H	O	M
T	S	H	D	D	S	R	S	P	R	D	D
R	T	G	I	Y	A	N	K	O	E	G	R
O	N	H	A	T	I	K	C	S	D	E	O
S	A	R	E	L	E	K	M	T	S	R	Y
E	I	S	R	D	I	S	B	E	O	S	A
L	G	A	K	E	C	C	O	M	X	N	L
O	M	D	S	R	E	D	S	X	G	G	S
I	D	G	C	P	A	D	R	E	S	V	D
R	A	N	G	E	R	S	L	G	G	C	C
O	B	R	A	V	E	S	N	I	W	T	E

1. Dodgers
 2. _____
 3. _____
 4. _____
 5. _____
 6. _____
 7. _____
 8. _____
 9. _____
 10. _____
 11. _____
 12. _____
 13. _____
 14. _____
 15. _____
 16. _____
 17. _____
 18. _____
 19. _____
 20. _____

Word Search Solution:

1. Angels	11. Pirates
2. Astros	12. Rangers
3. Braves	13. Rays
4. Cubs	14. Reds
5. Dodgers	15. Red Sox
6. Giants	16. Rockies
7. Marlins	17. Royals
8. Mets	18. Tigers
9. Orioles	19. Twins
10. Padres	20. White Sox